



# Green Country Soccer Association

*Games and Disciplinary Committee*

P.O. Box 471435

Tulsa, Oklahoma 74147

Ph: 918 481-3322

Fax: 918 481-3245

## Player/Coach – Sit-Out Verification

In accordance with OSA rules any person receiving a “SEND OFF” (Red Card), must sit out the next sanctioned match. This also includes 2<sup>nd</sup> yellow card “SEND OFF” and an accumulation of 3 yellow cards for the season.

**THIS FORM IS TO PROTECT THE PLAYER/COACH AND THE LEAGUE**

Please print and fill out completely!

NAME & # \_\_\_\_\_

TEAM \_\_\_\_\_

AGE GROUP \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

DATE OF GAME \_\_\_\_\_ OPPONENT \_\_\_\_\_

COACH/MANAGER \_\_\_\_\_ PHONE \_\_\_\_\_

**THE ABOVE NAMED PERSON DID NOT PARTICIPATE IN THE ABOVE DATED GAME**

REFEREE \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE

COACH/MANAGER \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE

This form must be completed and sent to GCSA if the person named is to receive credit for the “sit-out”. It must be received within 72 hours of the sit-out game. GCSA will forward this information to appropriate League Commissioner, so that credit can be given. Failure to comply may result in a “supervised sit-out” plus additional sanctions.